

***The first peace,*
which is most important,
is that which comes from
within the souls of people
when they realize
their relationship,
their oneness
with the universe
and all its powers,
and when they realize that
at the center of the universe
dwells the great spirit,
and that this center
is really everywhere —
it is within each of us.**

Black Elk

Sioux holy man, 1863–1950